

One Culture Support Services Inclusive Sports Programs

Join in on our inclusive sports programs across Adelaide!

Our sessions are tailored to suit the needs of
people with disabilities of all abilities and ages.

We offer a free come and try to give it a go!

Please turn over to find out more details on all of our sports programs. All of these programs (other than swimming) run throughout each school term.

Register Now





One Culture Support Services Inclusive Sports Programs



Basketball

Lightsview
Mon 4pm-5:30pm
5:30pm-7pm (12+)
The Lights



Tennis

Blair Athol
Wed 4pm-7pm
Sat 9:30am-12:30pm
Racquet Sports Hub



Futsal

Aberfoyle Park Wed 5pm-6:30pm The Hub



Football

Modbury Jets
Sat 9am-10:30am
Smith Partners Stadium



Football

Adelaide Comets
Sat 9am-10:30am
10:30am-12pm (12+)
Adelaide High School



Futsal

LightsviewWed 5pm-6:30pm
The Lights



Powerchair Football

Lightsview
Saturdays
Schedule on website
The Lights



Powerchair Hockey

Lightsview
Saturdays
Schedule on website
The Lights





