



Aberfoyle Park Futsal



One Culture Aberfoyle Park Futsal Program!

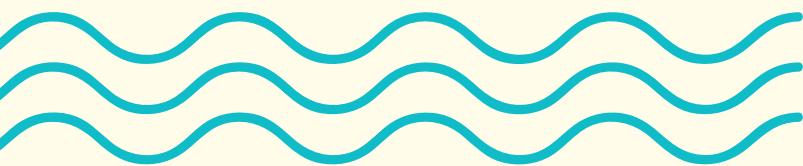


Meet our Head Coach, Amir!



Amir is passionate, personable and caring. His aim as a One Culture coach is to help players enjoy their chosen sport and learn technical and interpersonal skills that can be applied to various areas of their lives.

In his spare time you can find Amir playing sports, watching action movies and he is also interested in theology.

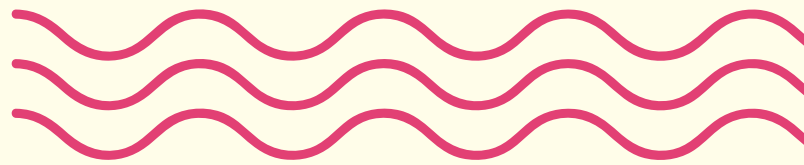


You will be attending our Futsal Program at...

Aberfoyle Park

The Hub Recreation Centre, Taylors Road, Aberfoyle Park

Wednesdays: 5pm - 6:30pm, throughout the school terms



Here are some pictures of the location



Here is some of the equipment we will be using



Futsal Ball



Cones



Bibs



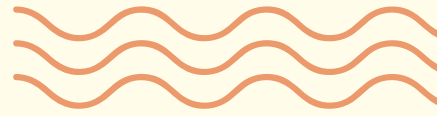
Goal



What other equipment do you like to use?

Let Amir know!

This is what your futsal session might look like



Hello/Greeting

We might start the session discussing what you did that day and something that made you feel happy.



Free Play

This may be kicking and passing the ball or practicing some shots on goal with our Coaches or other participants.



Warm Up Activities

We get your body warmed up through stretches, runs and fun games to get you ready for the session.



Skill Activity

We will be focusing on certain skills for you to practise and learn to improve your football abilities.



Game Play

Now it's time to put those skills you've learnt to use and play some football!



Cool Down and Session Closure

What did we learn today?



Amir's Rules



Amir has 3 rules on the court that help to keep you safe!

1 Make sure you are careful when kicking the ball and tackling others.

2 Listen as best as you can.

3 HAVE FUN!

Here's what staying safe while having fun can look like



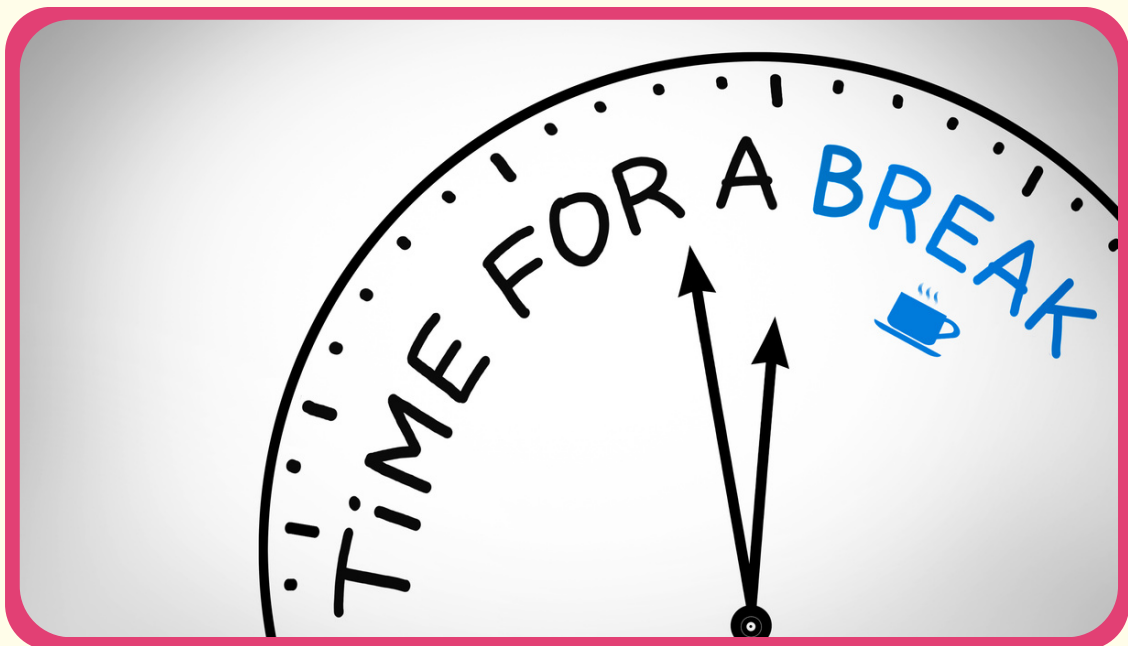
Breaks



If you need a break, you can ask Amir and tell him what you need.

You can tell Amir that you are ready to join in again returning to the group session.

Make sure if you need a break that you stay to the side of the pitch where Amir can see you.



Thank you



Thank you for taking the time to read through our Social Story.

If you have any feedback, recommendations, questions, or comments please email us at the address listed at the bottom of the page.

We can't wait to see you out on the pitch!



Phone: 08 7080 3894

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